

J U L Y 2 0 2 1

the
BDAC update

SPIRIT WEAR

Thank you for
your Orders!!



We've got SPIRIT, yes we do!

We've SPIRIT,
HOW 'BOUT YOU?



SAVE THE DATES!

Swim Team

Wed. August 4th

BDAC VS
Senneville

Warm Up at
6:30pm @BDAC

THEME DAY

July 28 & 29

Olympic Days

See the Guards
for more
information

Diving

Sunday July 25th

Warm Up Starts
at 11:00am
@BDAC

FEED THE GUARDS

July 26 – August 6th

Homemade
food accepted.
Due to Peanut
Allergy, Please
clearly identify
any food with
peanuts.

Water Polo

Thursday July 29th

U16 & U14

Please let the
coaches know if
you can play.

Timers Needed

WE NEED YOUR
HELP!

Please sign up
through the link
if you can help
with time
keeping at the
next meet:

[CLICK HERE**](#)**